









'YOGA FOR ONE EARTH, ONE HEALTH' THEME FOR IDY2025: PM IN 'MANN KI BAAT'

It is a matter of pride for all of us that today the curiosity about our yoga and traditional medicine is rising, all over the world: Prime Minister Shri Narendra Modi

Prime Minister appeals to everyone to include Yoga into their routine and take pride in the country's traditional wisdom for overall well being

The 2025 theme highlights yoga's role in promoting physical, mental, and environmental well-being, aligning with global calls for sustainability and unity. It builds on a decade of success since the United Nations recognized June 21 as International Day of Yoga, following India's proposal in 2014.

Series of Activities Scedule

S.No.	Programmes	Schedule	Coordinator	Venue
1.	Quiz Competition Maximum Enteries: 50	15-04-2025 4:00 P.M 4:30 P.M.	Mr.Bhargav Teja	Conference Hall
2.	Essay Writing	18-04-2025	Submitted to Dr.Valliappan AL	
3.	Poster Design Competiton	21-04-2025	Submitted to Dr. J M Bhagwat	